Date							
Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5am/Bootcamp	Joe	Whit	Patty	Whit	Patty	Running na	Olympic Lifting-Jenn/Whit Open Gym-Whit
6am	Joe	Whit	Patty	Whit	Patty		
9am Childcare/ Sat Team		Joe/Keelie		Joe/Keelie		CFKids-, Kari, Patty, Whit	
10:30am Sat Adv	Whit Open Gym		Whit Open Gym		Whit Open Gym	Advanced-Joe	
Noon	Whit	Whit	Whit	Whit	Whit		
1 PM Speciality	Whit	None	Whit	None	Whit		
1pm-4pm Open Gym	Joe open gym		Open Gym-Whit Kids@3:30 Kari		Joe open gym		
4:00 PM	Whit	Joe/ Matt	Whit	Joe/ Matt	AJ		
5pm	Joe/Whit	Joe/ Matt	AJ/Whit	Joe/ Matt	AJ		
6pm	Joe/Whit	Joe	AJ/Whit	Joe	AJ		
7pm/Oly/Open Gym	Joe	Joe	Whit	Joe			